

Full Life Acupuncture



Tong Ren Energy Healing

Tong Ren is a powerful healing energy treatment used to help people restore their health. It is based on the principle that many diseases are caused by physical blockages that interrupt the body's natural flow of "chi", the subtle bioelectricity we need to maintain the health of every cell and organ in our body. Tong Ren seeks to release these blockages, restoring the body's natural ability to heal itself, even when illnesses are chronic, debilitating or otherwise untreatable. Combining Western medical science with ancient Eastern insights into life force or chi energy, Tong Ren employs the human body's natural tendency toward harmony with its original healthy universal synchronistic energy patterns.

Background

Tong Ren was developed in the 1990s by acupuncturist, Chi Gong teacher and healer Tom Tam when one of his Tui Na students suddenly developed sciatic nerve pain. He did not have any available sterile acupuncture needles to treat her, so he took two new ones that had not yet been sterilized, drew a picture of the human body and put the needles in the points on the picture used to treat sciatic pain. Within a minute her pain started to disappear. This gave him the idea to incorporate this method of directing energy into his distance healing practice and research. He has modified the technique so that it may be used by anyone. He has since used this type of healing on thousands of patients in the US and abroad who present with a wide range of ailments – from cancers to MS, and from arthritis to weight loss – with excitingly positive results. He has taught many classes sharing this healing technique with others, and has seen the spread of Tong Ren practitioners globally. This rapid growth is driven by the satisfaction of the many Tong Ren patients who have experienced healing or improvements in their health.

Tong Ren Methodology

Tong Ren methodology is based on the idea that all bodies have a natural ability to heal as long as energy flows without resistance. It combines important elements of Western medical anatomy and physiology with an understanding of Chinese energy medicine. The Tong Ren practitioner sends healing energy to the blockage points in patients, guided by an understanding of Western medicine's map of the human nervous system pathways plus Chinese acupuncture points and meridians. The healing energy itself comes from an unconscious universal commonality, frequently referred to by Carl Jung and others as the collective unconscious. No touching or physical contact is required to transmit the energy. Ongoing discoveries in quantum mechanics and particle physics offer a promising approach toward a better scientific understanding of this phenomenon, in which the patient heals by resynchronizing with collective human healthy information patterns.

Tong Ren practitioners depend on the patient's doctor to diagnose the illness, and rely on the doctor's medical tests for objective evidence of progress. Tong Ren provides an additional, complementary pathway to health. Tong Ren practitioners do not diagnose, prescribe, promise cures or interfere with traditional medical advice.